

Primary Health Care North East 6



Syphilis is a sexually transmitted infection (STI) and is on the rise in our province, and worse yet, there may be people who are not even aware they are infected which means they are unknowingly exposing their partner(s). Syphilis is primarily spread through sexual intercourse but it can also be transferred from mother to the newborn baby. Syphilis can cause serious health effects without adequate treatment.

Syphilis has 3 stages: primary, secondary and tertiary (late phase). Symptoms of primary and secondary syphilis usually resolve without treatment giving a false sense of recovery to the person. But in fact, syphilis becomes latent and may have no symptoms for many years. During this time, it may be damaging organs leading to tertiary syphilis.

Tertiary syphilis develops in untreated people. The symptoms depend on which organs have been affected. They vary widely and can be difficult to diagnose. Symptoms include: damage to the heart (causing aneurysms or valve disease), central nervous system disorders (neurosyphilis), tumors of the skin, bones or liver. Tertiary syphilis can be permanently disabling and may lead to death.

Primary and secondary syphilis can be cured by appropriate antibiotic treatment if it is diagnosed early and completely treated.

Untreated syphilis during pregnancy may spread to the developing baby. This is called congenital syphilis. Every sexually active individual needs to be aware of the signs and symptoms of syphilis. If in doubt, speak to your family doctor and/or nurse practitioner for further information.

- Dr. Mohammad Khan, Medical Health Officer

Fall Community Wellness Events 1:00 - 3:00 pm - to register please call 306-233-4443

<p>All About Diabetes</p> <ul style="list-style-type: none"> - What happens in your body when you have diabetes - What do the numbers mean - Healthy eating, Physical activity, Medication 	<p>WAKAW Wed Nov 29 ROSTHERN Tues Dec 12</p>
<p>All About Your Heart</p> <ul style="list-style-type: none"> - Common conditions, blood pressure, cholesterol - Healthy eating, Physical activity, Medication 	<p>WAKAW Wed Nov 8 ROSTHERN Tues Nov 28</p>
<p>All about COPD (Chronic Obstructive Pulmonary Disease)</p> <ul style="list-style-type: none"> - What is COPD; how is it diagnosed; preventing flare ups - Medications, Physical activity, Healthy eating 	<p>WAKAW Wed Dec 6 ROSTHERN Tues Nov 14</p>
<p>Hearing Care is Health Care</p> <ul style="list-style-type: none"> - Presentation by Registered Audiologist Kristen Molnar - Hearing loss and the brain - Hearing loss in diabetes & cardiovascular disease - Hearing care in SK and early interventions 	<p>WAKAW Tues Nov 21 ROSTHERN Tues Dec 5</p>

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COMMUNITY VACCINATION CLINICS

Waldheim	October 11 th	1:30 pm - 6:00 pm	Jubilee Center
Rosthern	October 13 th	1:00 pm - 6:30 pm	Rosthern CMC
Duck Lake	October 17 th	1:30 pm - 6:00 pm	Belle-a-Drome
Wakaw	October 20 th	1:30 pm - 6:00 pm	Wakaw Rec Centre
Cudworth	October 23 rd	10:30 am - 12:30 pm	Cudworth Health Centre

Starting October 16th:

Wakaw	Thursdays	5:00 pm - 8:00 pm	CEC
Wakaw	Saturdays	1:00 pm - 6:00 pm	CEC



Book appointments by calling 1-833-727-5829 or online at www.4flu.ca

Walk-ins Welcome!

Welcome to **Nadine Ens**, who has accepted the position of Health Services Manager in Rosthern. Nadine will oversee Rosthern Hospital and the Therapies department. Nadine is a RN with 16 years of experience working at the Royal University Hospital and Rosthern Hospital. Please join us in welcoming Nadine to the Primary Health Care team—her education and experience will make her a valuable asset to the network.

Routine Immunizations for the Whole Family

The pandemic disrupted many routine immunizations, but now is good time to get back on track. Did you know there are routine vaccinations for adults too? Immunizations for preventable diseases including measles, chicken pox and mumps provide indirect protection to your family, friends and community. If enough people are vaccinated, it is harder for a preventable disease to gain a foothold in a community.

To discuss your immunization needs, contact your local Public Health Office at 306-232-6001.